COURSE LOAD REDUCTION FOR MEDICAL REASONS
Information for Undergraduate Students

As an undergraduate student at Northern Illinois University, you may be eligible for a course load reduction for medical reasons if you experience a serious medical condition that obstructs your class attendance or participation during a designated semester. A request for a course load reduction requires Health Services review of pertinent medical documentation submitted by your healthcare provider. The information below is intended to assist you with a request for a course load reduction and to avoid delays in the medical review process.

- You must contact the Advising Dean for your academic college regarding a request for a course load reduction for medical reasons.

- A completed Undergraduate Student Application and Authorization – Course Load Reduction (below) must be submitted to Health Services Administration, Health Service Building, Room 422.

- You must arrange for your healthcare provider to submit medical information to Health Services to document the serious medical condition that obstructed your class attendance or participation during the designated semester. Two documents below, e.g., Licensed Provider Information – Course Load Reduction and Licensed Provider Documentation Form – Course Load Reduction, must be used for this purpose. Original, signed documents must be received by Health Services before medical review can begin. Faxed or photocopied documents will not be accepted.

- If you were treated for your medical condition by Health Services medical staff during the designated semester, you may authorize the practitioner(s) to submit medical documentation in support of your application for a course load reduction. A Health Services Authorization for Release of Confidential Information for Administrative Purpose (attached at the end of this document) must be completed.

- The Health Services administrative physician will review all medical documentation that has been submitted in support of your request for a course load reduction for medical reasons. Medical review will be completed approximately one week following receipt by Health Services of your medical information.

- If the medical information documents a serious medical condition that obstructed your class attendance or participation during the designated semester, a recommendation in favor of a course load reduction will be forwarded to the Advising Dean who will make the final decision regarding your request.

- If the medical information does not document a serious medical condition that obstructed your class attendance or participation, Health Services will notify you by letter of this determination. You may submit additional, new medical information for administrative physician review.

Please call Health Services Administration (815-753-1316 or 815-753-1314), 8 AM – 4:30 PM, Monday – Friday, with any questions pertaining to the medical review process.
UNDERGRADUATE STUDENT APPLICATION AND AUTHORIZATION
COURSE LOAD REDUCTION

I am seeking a course load reduction for medical reasons for the semester identified below.

Name ____________________________ SSN ______________________

Address _____________________________________________________________________

City ____________________________ State _______ Zip Code ___________

Current daytime telephone number __________________________ Date of Birth ________

Semester (circle one)       Fall     Spring      Summer     Interim             Year ________________

Course(s) to be dropped: ________________________________________________________

I HEREBY REQUEST AND AUTHORIZE the administrative physician or physician designee of
Health Services, Northern Illinois University, DeKalb, IL 60115:

1. To verify the presence of an acute and/or prolonged, severe medical condition during the
above semester to the Advising Dean, College of: ________________________________

2. (Optional) To discuss the status of my request for a course load reduction for medical
reasons with the following (e.g., parent, spouse, etc.):

_______________________________________________________________________

(Name and relationship to applicant)

I understand that I have the right to inspect and/or obtain a copy of the information prior to
disclosure and that my refusal to authorize disclosure of this information will result in the
following consequences: Unexcused academic absence.

I may revoke this authorization at any time by written notification to Health Services. However, I
understand revocation cannot be retroactive. I absolve and agree to hold harmless the
individual or agency identified above, and the NIU Board of Trustees, together with its officers
and employees, from any legal liability, claims or damages which may arise from disclosure of
this information. Unless revoked, this consent is valid until the request is completely processed.

Signature of applicant                                  Date           Witness                                       Date

Return completed form to Health Services Administration, Health Service Building, Room 422.
LICENSED PROVIDER INFORMATION – COURSE LOAD REDUCTION

“Provider” means Licensed Healthcare Provider (e.g., MD, DO, Clinical Psychologist, etc.).

A student at Northern Illinois University (NIU) has applied for a course load reduction for medical reasons based on the presence of a serious medical condition that obstructed his/her class attendance or participation during a designated semester. A course load reduction for medical reasons requires review of the student's pertinent medical information by the administrative physician at NIU Health Services. The student has identified your office as a source of medical information to support his/her request.

- Pertinent medical information for this process includes written provider documentation of objective data (e.g., evaluation results, diagnosis, therapy, treatment recommendations, or other objective information) that confirms the presence of a severe medical condition that obstructed the student’s class attendance or participation during the designated semester.

- The student is solely responsible for arranging the release of pertinent medical information from your office to NIU Health Services to support his/her application for a course load reduction for medical reasons.

- Your patient will ask you to submit a completed Licensed Provider Documentation Form – Course Load Reduction to Health Services Administration, Health Service Building, Room 422. Please note the following:

  An original, signed licensed provider documentation form must be received by Health Services. Faxed or photocopied documents will not be accepted.

  Please return the original licensed provider documentation form only to Health Services. No other NIU office participates in reviewing the student’s medical information.

  Only the information indicated on the licensed provider documentation form is requested at this time. Please do not send copies of your patient’s medical records to Health Services or to any other NIU office.

This medical documentation is being requested for Health Services administrative purposes only, not for treatment, payment or other operational purpose. The documentation will be maintained confidentially at Health Services in a secure location separate from the student’s medical record for a period of ten years from the date of the student’s last NIU enrollment and then destroyed.

Please call Health Services Administration (815-753-1316 or 815-753-1314), 8 AM - 4:30 PM, Monday – Friday, with any questions pertaining to the medical review process.

Thank you.
PROVIDER DOCUMENTATION FORM – COURSE LOAD REDUCTION

Student’s Full Name __________________________________________ SSN ____________________

Semester and Year ___________________________________________ DOB ____________________

See Licensed Provider Information – Course Load Reduction at www.niu.edu/uhs/pdfs/CLR-UG.pdf.

Please type or print the requested information in the space provided and return this form to Health Services Administration, Health Service Building, Room 422, DeKalb, IL 60115. Thank you.

<table>
<thead>
<tr>
<th>1. Diagnosis and code of the severe medical condition that significantly impaired or obstructed student’s class attendance or participation during the above semester.</th>
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<tbody>
<tr>
<td>2. For the above condition, indicate the</td>
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<tr>
<td>▪ date(s) of evaluation and/or treatment during the above semester;</td>
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<tr>
<td>▪ location of evaluation and/or treatment (e.g., office, hospital OP, hospital IP, etc.); and</td>
</tr>
<tr>
<td>▪ nature or purpose of each evaluation and/or treatment provided.</td>
</tr>
<tr>
<td>3. Indicate the specific medical findings, restrictions and/or other objective data that document how student’s class attendance or participation was significantly impaired or obstructed during the above semester.</td>
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Signature of Attending Licensed Healthcare Provider and Title                                           Date

Printed Name, Business Address, Telephone Number
Authorization for Release of Confidential Health Information for Administrative Purpose

Name: (Last) ______________________________ (First) ______________________________

SSN ___ / ___ / ____ Date of Birth ___ / ___ / ____ Phone# (___) ________

Address __________________________________________ City ______ State ___ Zip _____

I, the above named patient, authorize NIU Health Services to release my confidential health information to the Health Services Administrative Physician for the purpose of administrative review of my request for a Medical Withdrawal, Course Load Reduction or Special Housing/Dining Arrangement at Northern Illinois University.

Please list the names of the NIU Health Services Practitioners and staff authorized by this release:

________________________________________

Please indicate information and dates to be released:

☐ Immunitations __________________________   ☐ Lab results __________________________

☐ Office visit notes __________________________   ☐ X-ray results or film __________________________

☐ Other __________________________________________

Diagnosis of Mental Health, Alcohol and Substance Abuse and Infectious Disease (AIDS/HIV) are NOT included in a general release. Federal regulations outlined in the Code of Federal Regulations, 42 CFR, Ch. 1, Part 2 (1983), and Illinois 740 ILCS 110 require diagnosis of Mental Health, Alcohol and Substance Abuse and Infectious Disease information specifically indicated. Please indicate information and specify dates to be released and initial.

☐ Mental Health _____ ☐ Alcohol and Substance Abuse _____ ☐ Infectious Disease ______

I understand that I have the right to inspect and/or obtain a copy, for an appropriate fee, of the information prior to disclosure. I may revoke this authorization at any time, except to the extent that action has already been taken, by submitting a written revocation to Northern Illinois University, Health Services. If I refuse to sign this authorization, my medical record/information will not be released. This authorization will be considered valid for a 90-day period (expiration date ___ / ___ / ___) following the date of signature unless otherwise specified here ________.

I absolve the individual or agency identified above and the Board of Trustees of Northern Illinois University together with its officers and employees from any legal liability which may arise from the disclosure of this information.

Patient Signature: __________________________ Date: __________

Witness Signature: __________________________ Date: __________

NOTICE TO RECEIVING AGENCY/PERSON: Under the provisions of the Illinois Mental Health and Developmental Disabilities Confidentiality Act, you may not redisclose any of this information unless the person who consented to this disclosure specifically consents to such redisclosure. Under the Federal Act of July 1, 1975, Confidentiality of Alcohol and Drug Abuse Patient Records, no such records, nor information from such records, may be further disclosed without patient authorization for such disclosure.

Processed by ______________ Date Processed __________